



PORTCALL

MARCH 2011

City Farm Development Project

Community Gathering

2 April 2011

11am till 1pm

Come and help us celebrate the 3 year funding we received from the NSW Government for the City Farm Development Project.

The Community Gathering will be held in the vacant block on Robertson Street. The site will be visible from the street with flags displayed so you will know where to go.

Come and find about our plans for this project and let us know what you think. A verbal presentation will take place at 11.30am to provide an overview of the concept and other initiative's planned as part of this project

Coffee will be provided by the Port Kembla Men's Group - Community Café, and morning tea will be provided by the Port Kembla Women's Baking Group.

In the event of wet weather the gathering will take place at the Port Kembla Community Centre Hall.

Please RSVP your attendance at the gathering by contacting Adrienne at the Port Kembla Community Project on 42763433.

Port Kembla Community Project

Invitation

Do you want to become more involved with the Community Project?

We meet the first Wednesday of every month at the Community Centre, at 5.15pm.

If you would like to join us or bring any issues to our attention you would be most welcome. If you would like to discuss any issue please call Jenny on 4276 3433 and leave a message or email jenny@pkcp.org.au

Mission Statement

To work within the community to create and implement projects to alleviate the suffering, distress, misfortune and poverty of disadvantaged members of the Port Kembla community.

The Project reflects principles of access and equity, social action, empowerment and community spirit. It seeks to support and motivate: recognising the individual value of each person within the community.

Port Kembla Vision Statement

The Association respects the dignity, rights and potential of all people. It demonstrates this via its recognition of the rights and responsibilities of the individual and of specific groups/ communities and its commitment to self-determination for individuals and groups/ communities.

phone 4276 3433

email admin@pkcp.org.au

office hours Wednesday to Friday from 9.30.

postal address PO box 9 Port Kembla 2505.

Fair Repairs

Fair Repairs is a repair, maintenance and cleaning business that offers high quality work at competitive prices. Most importantly, Fair Repairs is committed to creating employment opportunities for local people, so when you hire us you are directly supporting your local community. Fair Repairs also works closely with Housing NSW and Spotless (as the corporate partner) to provide work opportunities to individuals who have experienced barriers to employment.



Fair Repairs currently has four locations in NSW: Campbelltown, Nowra, Redfern-Waterloo and the recently opened Port Kembla/Wollongong office. At Fair Repairs we pride ourselves on high quality and cost effective outcomes for our clients. We have significant experience with jobs of all sizes and our satisfied customers include:

- Housing NSW
- Spotless Facilities Management
- Defense Housing Authority
- Department of State and Regional Affairs
- Bomaderry Community Centre
- Shoalhaven City Turf Club
- Park Medical Centre
- Nowra Christian School
- Department of Environment and Conservation
- St Johns the Evangelist High School

Our success is based on our dedicated staff, quality systems, employee induction and training and commitment to local community engagement.

Fair Repairs currently offers the following services:

- Cleaning (retail, office, commercial, industrial, builders cleaning, move in / move out / end of lease)
- Graffiti Removal
- Rubbish Removal
- Grounds / lawn maintenance

Contact us today for further enquiries or a free quote!

Tony Timpano | Manager | FAIR REPAIRS Wollongong |
| PO Box 9 Port Kembla NSW 2505 |
T: 02 42745074 | **M:** 0431 764 126 | **F:** 02 42745074 |
E: tony@fairrepairs.org.au | **W:** www.fairbusiness.org.au |

The Laneway Permaculture Gardens

‘.....People, Food & Biodiversity....’

Every Friday arvo
3.30pm – 5.30pm
Meet in the lane @ Fifth Avenue

Come along and join us in....
Gently tending to the needs,
Of the gardens, land and trees
Working together harmoniously
To grow our little community

Hope to see you there

Contact the Port Kembla
Community Project on 4276 3433.



This is an initiative of the Port Kembla Project inc.

Port Kembla Men's Group

Workshop Set Up

We've made some progress on building up the workshop. We've got (safe) power. We've got a start on tools (and we're in the process of selecting more). We're further organising the space. And we're considering the wider community as we do this. It's not just the Men's Group's workshop. We're investing in it for the sake of the community.

Chimney

In fact, on Australia Day, many Men's Group members (and visitors) pitched in to organize some of the community space and we built the chimney on the outdoor pizza oven. Several groups in the community use this oven regularly.

New Works

Today (16 Feb) we're beginning to concentrate our work in two distinct areas. One, we're building a nursery for plants to sell (not for profit) to the community. Two, we're building a sturdy working table and racks to hang timber, etc.

New Men

Since the last Port Call, a few new members have gotten involved and offered their experience, helping hands, and opinions. Some men stay for a few minutes, others stay all day. All are welcome. You can see the impact of these new men in the actual Community Centre grounds. You can also meet them if you come up on Wednesdays from 9 AM to 3 PM.

And again, if you're a man, come for coffee, lunch, conversation, and a bit of problem-solving and community service with other men: Port Kembla Community Centre, Wednesdays 9 AM to 3 PM.

Coomaditchie Yarning



This first newsletter of the year from Coomaditchie is a little difficult to write. We have had a tough beginning to the year with serious illness and bereavements in our families and community. We are also still unsure of the future of our organisation.

However – we keep on keeping on and stay focused on the positives!!!

Our “Last Minute Gallery” Exhibition in December was a great success. Thank you so much to every-one who popped in to visit us and say hello. We love it when people buy our art – but to us it’s just as valuable to have people visit us and can take the time to enjoy the art we create. The kids enjoyed exhibiting this year and quite a lot of their work sold also. We had a lovely surprise this exhibition when one person bought several paintings on behalf of a friend of his in Germany! So now some of our art is hanging on walls in Europe.



Lorraine and Narelle – Last Minute Gallery Art Exhibition

If anyone reading this is unlucky enough to need cardiac rehabilitation they will be seeing some of our work. Port Kembla hospital commissioned us to paint mural panels for their rehab exercise area. They ask that we do something bright and colourful – and that is exactly what they got. Hopefully it will take people’s minds off the hard work they have to do to head back to recovery.

Still talking art – The Pallinjang – Saltwater art exhibition has made its way down the south coast and is now on at the Lady Denman in Huskisson. We have 3 paintings exhibited in the exhibition that was opened by John Mundine on the 5th February. If you're down Jervis Bay way – the exhibition is there till the end of March.

A landmark occasion occurred in January this year when we joined with a number of Aboriginal organisations to sign the Regional Partnership Agreement between the Illawarra Aboriginal Community, the Australian Government and the State Government of New South Wales. We hope this means good things to come.



Narelle with Minister Jenny Macklin at the signing of the RPA

Till next time

Catch ya

Coomaditchie is currently funded by The Australian Government through the (Commonwealth) Department of Families, Housing, and Community Services & Indigenous Affairs. We also appreciate the friendship and support of The University of Wollongong, Shellharbour TAFE, Wollongong City Council, The Illawarra Forum, The Wollongong Art Gallery, Barnados South Coast, the Southern Suburbs Taskforce the Port Kembla Community Project and the Warrawong Community project. Thank you.



No Interest Loans Scheme

Southern Nils® targets low income earners living between North Wollongong and the Windang Bridge to provide them with access to affordable credit for essential items such as washing machines, refrigerators, furniture, computers and even Green-slips for car registration. We are expanding these necessities to include loans for the Warrawong Veterinary services such as getting your pets inoculated, de-sexed, and/or micro-chipped.

2011 sees a couple of additional funding coming to Southern Nils®. Sydney Water generously provided funding to assist with the administration and running costs for Southern Nils® and we are currently awaiting an increase in funding from NAB for our loan money. Southern Nils depends on these businesses to ensure we can continue to provide this amazing service to the community. NAB came on board to provide pool funding for Nils programs 2 years ago and Southern Nils has provided 474 loans.

Many Nils® clients cannot access affordable credit for essential items elsewhere and once people have successfully paid off a loan they are welcome to return and enter a new agreement to purchase the next item needed in their household. People wishing to apply for a No Interest Loan can access a 'Client referral form' at the Berkeley, Cringila, Port Kembla, Unanderra and Warrawong Community Centres. Centrelink is also providing referrals to Nils®.

Southern Nils® provide an outreach to Dapto Neighbourhood Centre situated in the Ribbonwood Centre on Tuesdays. Appointments can be made through the main office at Port Kembla.

The following information may assist you to reduce your energy bills by 25% to 30%:

- Use electric fans instead of air-conditioning - fans cost around \$5 per year to run
- Heating costs can be reduced by maintaining 18 to 21 degrees
- Cooling costs can be reduced by maintaining 23 to 26 degrees
- Standby power accounts for around 10% of electricity bills

- Purchase goods with 4 star ratings can reduce costs by up to 20%
- Ask what 'wattage' the goods are - Plasma TV's can cost \$19 per month and consume more than LCD TV's
- Washing machines used 4 times a week cost around \$1.30 per month
- Clothes driers used 4 times a week cost around \$7 per month
- Leaving play-stations on can cost around \$250 per year

**Note: Southern NILS is located in the Port Kembla Community Centre on the Corner of Church and Wentworth Streets, Port Kembla.*

For more information please ring Sheryl, Leonie or Misty on 4276 2224 .

Do you want your PortCall newsletter emailed to you?

Feedback from our community indicates that the quarterly PortCall newsletter has become an important communication tool to bring our community together and celebrate our successes.

We love to hear your comments and suggestions for improving the vibrant Port Kembla Community Project Inc.

Suggestions have indicated some people would like to receive the newsletter via their email account. If you are interested in having your local Port Call Newsletter delivered via your email account, please let us know by sending a request email to portkemblacommunityproject@gmail.com

Please put "Port Call Email" in the subject line.

PortCall newsletter advertising

Would you like to advertise in the PORTCALL?

To all our local businesses for a small fee you can advertise in the PortCall, your local community centre's quarterly newsletter. Please contact 4276 3433 or admin@pkcp.org.au

Port Kembla Youth Project

www.youngrockets.com

We have had a successful Connect-Up Project Launch with the fantastic website www.youngrockets.com.au developed by local young people. Over 13 young people from Warrawong Intensive English Centre spent 5 months over 2010 to develop and produce a website with a culture focus. They participated in photography, filming, editing and journalism workshops as well as 'How to build a website' day at the University of Wollongong. The program has been a tool to explore what culture is, how culture can bring us together and



an opportunity to share stories around our cultural experiences. Thank you to Warrawong Intensive English Centre for supporting the program and to all the participants who worked so hard on it! Visit www.youngrockets.com today to view their work.

Connect Up Drama

This program which holds Drama and Visual Arts workshops has resumed again and runs every Tuesday afternoon at the centre. Young people with special needs are currently devising and building props for their next big production that will be presented at the end of the school term.

Swim Program

Ensure your child keeps those swimming skills up during the colder months! Our popular Swim Program is on Monday's and Thursday's during School Terms after school. Classes are held in an indoor heated pool and all instructors are AustSwim qualified. Water Confidence/Learn

to Swim/Stroke Correction/Squad \$8 per class with concessions available. Call Mel on 4276 1229 Mon & Thurs 11-4 to enroll your child.

Tutoring Program

Our popular tutoring program has again been hugely successful in 2011. If you'd like to put your child on our waiting list for Term 2 2011 tutoring please contact Marie on 4276 1229.

Port Kembla Youth Project Tutoring Program is a free program for Primary and High School Students

This program has been kindly sponsored by BlueScope Steel.

Youth Magazine Project

We're looking to build our 2011 Youth Magazine Team. If you are interested in writing, graphic design, interviewing or drawing, you can submit your piece to the magazine! This is your chance to share your creativity with our community. Contact Mel to find out more on 42761229 or email

For more information on any of our programs, or if you have any ideas on what you would like to see happening for young people in Port Kembla, phone Marie or Melissa on 4276 1229.

Hall for Hire

The Port Kembla Community hall is available for hire for classes, meetings and functions.

Our rates are very reasonable.

Call 4276 3433 or email tina@pkcp.com.au.

Port Bread Making Group

The Port Bread Making Group doesn't mind anyone 'having a go' at cooking with us. We like to show and tell. Contact Port Kembla Community Project when we meet on every second Tuesday between 9.30am to 2.00pm.

Art Class

These programs are suitable for the beginning and advanced student. The focus is on skills development through a range of subject matter and media. This is an open class where you can try them all. Watercolours, Oils, Acrylics, Drawing or Pastels, do one or the lot. For the first class just bring basic drawing equipment and discuss with your teacher Beth Crawford your interests in this area of developed works with new approaches. Have a go. This class is suitable for beginners and experienced students.

Cost : \$5.00. All Welcome.

Place : Port Kembla Community Centre Thursday 9.30 am to 12pm.

Ph: 4271 1314 M: 0403 724 030

King George IV oval – Bushcare Group

Everyone Welcome - Meet every Sunday around 9.00 am
Come and meet locals who are also interested in our environment.

The volunteers of the local bush care group were involved in the latest Clean Up Australia Day on March 6th. Good work guys.

The group has also just received the use of a shipping container at King George to hold all their tools.

Josh Wiffen has been commissioned to do some Artwork on this container about our local environment.

Local People Leading Change

Port L.O.C.A.L.S - LOCAL ORGANISATIONS & COMMUNITIES ACTIONING & LEADING SUSTAINABILITY

The Port L.O.C.A.L.S is about local people leading the changes they'd like to see happen in the world by creating solutions in our own lives and community.

Last year in partnership with Wollongong TAFE Community Services Diploma students and facilitators of the PACHAMAMA alliance program we hosted a series of forums or 'community conversations'. Out of these conversations a number of common themes emerged concerning peoples hopes and dreams for the future.

Focus groups were formed, and with the support of the TAFE students each group developed their vision & mission statements and their group goals and objectives. The focus groups have reconvened with the support of Shellharbour TAFE Community Services Diploma Students and are meeting up monthly to develop goals, strategies & actions for the 2011. Here's what's happening.....

THE PORT FOOD CO-OP: is researching different models, looking at how other coops got started. Considering initially establishing a buyers group focusing on whole foods that could be stored and distributed from the Community Centre. The Shoalhaven Food Coop has established a great model that we would like to investigate.

Meets 2nd Monday of month 9:30 - 10:30am @ PKCC

TRANSFORMATION & SUSTAINABLE WELLBEING: would like to see regular personal development, health & wellbeing classes & workshops being run in Port Kembla including yoga, meditation, tai chi, etc as well as awareness raising movie nights incorporating community cafe, food & fundraising.

Meets 2nd Monday of month 9:30 – 10:30am @PKCC

COMMUNITY PARTNERSHIPS: is supporting other communities to develop their own visions, strategies and actions for sustainable community development. We are partnering with

- Coomaditchie Aboriginal Community to establish a community wind farm, household sustainable energy, water and waste systems, regenerating native landscapes & edible landscapes
- Alyawarr Aboriginal Community in the Northern Territory to implement Permaculture systems and practices to support the establishment of a 'strong, vibrant, healthy community' independent of the Northern Territory's inequitable Intervention Program
- 'Surfing for Sustainability' initiative in a Papua New Guinean community. Engaging community leaders in a conversation about their future through surfing. To date this has involved resourcing the community with 2nd hand surfboards and the formation of a board riders club.

Meeting APRIL 7th& 28th 4:00-5:30 MAY 20th 2:00-3:30 at Coomi Hall
cnr Parkes & Shellharbour Rd

BIODIVERSITY & FOOD SECURITY: is a collective of people currently involved in re-establishing native vegetation, creating edible landscapes and improving the social amenity of public open spaces in Port Kembla. The groups meet as follows:

- King George V Oval every Sunday – contact kinggeorgebushcare@live.com
- The laneway Permaculture gardens - every Friday (except 1st) meet 5th Avenue 3:30-6:00
- Coomaditchie Lagoon – eastern end 1st Friday of the month
- Harry Morton Park City Farm – in planning & development phase

So, if you are already involved in some way or would like to be, we would love to hear from you.

Please contact Port Kembla Community Project Inc at portk@internode.on.net or call (02) 4276 2224.

Also, if you would like to read more about this project, it is currently featured on the Community Builders website.

http://www.communitybuilders.nsw.gov.au/15692741298642_2.html

Beginners Patchwork Classes



Port Kembla Community Centre

Unwind and relax while learning the joy of patchwork and quilting. No experience necessary as this work is all done by hand, and taught in a relaxed environment. You will learn step by step how to make your very own patchwork quilt over 8 weeks. So come along and join the fun in 2011!

Start Date: every Monday 2nd May- 27th June

Time: 9:30-11am

Cost will be \$85 and

\$65 for seniors.

Booking is essential only limited places available

Contact Shell on 4238 4626 for more information

Port Parables

Port Parables

Have you ever read Jesus' words for yourself? We're men reading to understand Jesus for ourselves and asking - no matter our religion - if the stories mean anything for us personally.

Thursdays at the Port Kembla Community Centre - 5:30pm - 7:00pm.
Complimentary coffee/tea. Sometimes a snack.

Contact: Corey 0411 599 124. Blog:

<http://portparables.tumblr.com>

Spiritual Cinema Circle

We show inspirational, and both science- and spiritually-related films at the community centre on a regular basis. One of the first films is, What the Bleep Do We Know? If you want to know what films and discussions are currently going on and when, please contact Pia Tomkins [piatomkins@gmail.com] or Jason Whaley [0431 562 298]. Let us know, too, if you want to present something in this genre. There's no cost to you.

Five Islands Court Mini Market

Saturday 16 April 2011

All welcome

Sausage sizzle

Clowns

Face painting

Plaster crafts

Devonshire tea

Easter Raffle

Stalls - Basket, Cake, Book, Wooden handmade toys and lots more.



Want to keep up-to-date with what's happening?

Tessha a member of Port Kembla Community Project has launched a website to help you know what is happening in the Illawarra. Please see www.WollongongEarthCare.net to keep abreast of up-coming events. While the site is primarily about promoting community gardening and associated workshops etc. we are also posting information about festivals and other exciting community things.

Warrawong Community Centre

Housing Communities Program Coordinator

Housing tenants Come and Join us
Day trips, BBQ, Tenancy Action Group

SENIOR'S KIOSK – Learn how to use internet, access to the web

Thursday 9.30 – 4pm

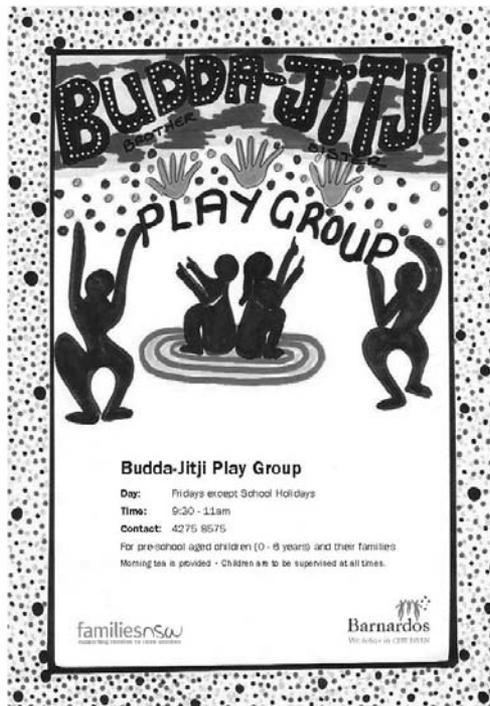
CENTRELINK Worker - Wednesday 10.30 -12.30

CRAFT – Wednesday 1pm

MENS DROP-IN - Thursday Morning

CHOIR - First Wed of Month

BEYOND EMPATHY - Young People, Learn film production, Monday
and Wednesday



*****STOP PRESS *****

**PORT KEMBLA COMMUNITY
PROJECT ANNUAL DINNER
SATURDAY THE 7TH MAY
6pm @ the Port Kembla
Community Centre**

Keep the night free in your diary and join us for a feast of food. Savour the rich conversation and stories of our community for our Inaugural Annual Dinner. It'll be wood fired, organic, local grown, fair shared, good food and fun for all.

This will also be a fund raising event to support a sustainable community development initiative of the Alyawarr Aboriginal Community. Bookings essential. For more details contact the Port Kembla Community Project 4276 3433.

Christmas Party 2010 - another great celebration



This newsletter is sponsored, compiled
and written by the -

Port Kembla Community Project
Port Kembla Community Centre
Corner Church and Wentworth Street
Port Kembla 2505

phone 4276 3433
email admin@pkcp.org.au